



**ME NOW... baby later**  
**ME NOW Teen Ambassador Initiative**  
**Teen Handout**

**What is the ME NOW...baby later (MNBL) Campaign?** [www.menowbabylater.com](http://www.menowbabylater.com)

- ME NOW... *baby later* is all about...
  - Encouraging you to take control over your life, so you can enjoy your teen years and become who you want to be.
  - Challenging you to do what you should do as a teenager: Have fun and be with friends.
  - Emphasizing to you the importance of getting and completing your education, and discovering what your talents are.
  - Allowing yourself time to develop healthy relationships.
  - Getting you to think about your goals and dreams and create your future.
  - Providing you with accurate information, so you can make healthy choices to avoid early pregnancy.
- *ME NOW... baby later* is a project of Healthy Futures of Texas, Project WORTH and Metro Health.

**What is Healthy Futures of Texas (HFTX)?** [www.healthyfuturestx.org](http://www.healthyfuturestx.org)

- Healthy Futures of Texas is a San Antonio based non-profit corporation supporting efforts to reduce the number of teen and unplanned pregnancies.
- HFTX coordinates the Healthy Futures Alliance, a diverse community coalition of over 300 members including community leaders, service providers, medical professionals, and community members working together to prevent teen and unplanned pregnancy in San Antonio.

**What is Project WORTH?** [www.sanantonio.gov/projectworth](http://www.sanantonio.gov/projectworth)

- Project WORTH is a City of San Antonio, Metro Health Department ([www.sanantonio.gov/health](http://www.sanantonio.gov/health)) program helping youth make healthy choices and postpone pregnancy.

**What is the mission of a ME NOW Teen Ambassador?**

Teen **role models** who can promote the *ME NOW...baby later* campaign.

**Benefits of being a ME NOW Teen Ambassador:**

- School and community involvement
- Skill builder:
  - Leadership
  - Public speaking
  - Mentoring
  - Interpersonal communication



- Resume builder
- Enhance scholarship opportunities
- Training on teen health topics
- Opportunities to attend special events with community agencies and elected officials
- Recognition as a ME NOW Teen Ambassador at community events

#### **Interested students will:**

- Return their completed application with parental consent to Project WORTH.
- Undergo selection process with potential interview.
- Be notified of whether or not they were selected for the initiative.

#### **Selected ME NOW Teen Ambassadors will demonstrate most of the following:**

- Time commitment to the campaign
- Academic achievement (C average or better)
- Goal of getting an education beyond high school (trade/associate/bachelor's, etc.)
- Leadership in school and extracurricular activities (but not necessary)
- Active on campus (but not necessary)
- Few disciplinary referrals

#### **Responsibilities/duties of selected ME NOW Teen Ambassador:**

- Receive **orientation** to the initiative
  - Be given a MNBL campaign T-shirt, wristbands for themselves and to distribute to their peers.
- Receive trainings during after-school and or summer on topics such as Relationships and Romance: What is Healthy?, Sexually Transmitted Diseases-HIV/AIDS, Goals and Dreams, Dealing with Peer Pressure, Abstinence and Contraception.
- Will be expected to promote the MNBL campaign with their peers
- Will be expected to attend most press conferences and other related events. A few activities are during the day (1 to 2 hours per event) but most related activities are after-school.

#### **Parental consent for participation**

- During recruitment, teens who pick up an application will also receive a parental consent form. You must obtain parental consent when turning in your application to Project WORTH. The parental consent form must accompany your application when you turn it in.

#### ***ME NOW Teen Ambassadors are...***

- **Leaders • Educators • Involved**
- **Role Models • Mentors**

***\*\*For more information, please call Project WORTH at 207-8850\*\****



**ME NOW Teen Ambassador  
APPLICATION**

Name: \_\_\_\_\_ Age: \_\_\_\_\_

School: \_\_\_\_\_ Grade level: \_\_\_\_\_ Male/Female: \_\_\_\_\_

Are your grades above a C average **Yes / No**

What are your plans after High School? \_\_\_\_\_

List any school extracurricular activities (like sports & clubs) and or community volunteer activities you participate in:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

After reading the ME NOW Teen Ambassador handout, what makes you qualified to be an Ambassador for our campaign?

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Being a ME NOW Teen Ambassador takes personal and time commitment...

Will you able to participate in ME NOW events after school hours? \_\_\_\_\_ Yes \_\_\_\_\_ No

Are you comfortable with public speaking? \_\_\_\_\_ Yes \_\_\_\_\_ No

Are you comfortable talking to classmates you don't know? \_\_\_\_\_ Yes \_\_\_\_\_ No

With parent permission, are you willing to have your photo taken or be video recorded for campaign purposes? \_\_\_\_\_ Yes \_\_\_\_\_ No

Would you be comfortable discussing the ME NOW...baby later campaign with your friends and other students? \_\_\_\_\_ Yes \_\_\_\_\_ No

If we train you on teen health topics, would you be comfortable discussing these topics with your friends and other students? \_\_\_\_\_ Yes \_\_\_\_\_ No

How would your friends describe you? \_\_\_\_\_

How would your teachers describe you? \_\_\_\_\_

***Are You Ready to be a ME NOW Teen Ambassador?***

**ME NOW... baby later**  
**ME NOW Teen Ambassador Initiative**  
**Parent Handout**

**What is the ME NOW...baby later (MNBL) Campaign?** [www.menowbabylater.com](http://www.menowbabylater.com)

- A positive teen pregnancy prevention campaign with a message for young people to enjoy their teen years and become who they want to be and wait to become parents. With a website, radio and theater ads, posters, and social networking, ME NOW...baby later was developed by Healthy Futures of Texas along with partners Project WORTH and Metro Health.

**What is Healthy Futures of Texas (HFTX)?** [www.healthyfuturestx.org](http://www.healthyfuturestx.org)

- Healthy Futures of Texas is a San Antonio based non-profit corporation supporting efforts to reduce the number of teen and unplanned pregnancies.
- HFTX coordinates the Healthy Futures Alliance, a diverse community coalition of over 300 members including community leaders, service providers, medical professionals, and community members working together to prevent teen and unplanned pregnancy in San Antonio.

**What is Project WORTH?** [www.sanantonio.gov/projectworth](http://www.sanantonio.gov/projectworth)

- Project WORTH is a City of San Antonio, Metro Health Department ([www.sanantonio.gov/health](http://www.sanantonio.gov/health)) program helping youth make healthy choices and postpone pregnancy.

**What is the mission of a ME NOW Teen Ambassador?**

Teen **role models** who can promote the *ME NOW...baby later* campaign.

**Responsibilities/duties of selected ME NOW Teen Ambassador:**

- Receive orientation to the initiative
  - Be given a MNBL campaign T-shirt, wristbands for themselves and to distribute to their peers.
- Receive trainings during after-school and or summer on topics such as Relationships and Romance: What is Healthy?, Sexually Transmitted Diseases-HIV/AIDS, Goals and Dreams, Dealing with Peer Pressure, Abstinence and Contraception.
- Will be expected to promote the MNBL campaign with their peers
- Will be expected to attend most press conferences and other related events. A few activities are during the day (1 to 2 hours per event) but most related activities are after-school.

**\*\*For more information, please call Project WORTH at 207-8850\*\***

**ME NOW... baby later**  
**ME NOW Teen Ambassador Initiative**  
**Parent/Guardian Consent Form**

*Student's Name:* \_\_\_\_\_

*School:* \_\_\_\_\_ *Grade:* \_\_\_\_\_

*Address:* \_\_\_\_\_

*Zip Code:* \_\_\_\_\_ *Phone:* \_\_\_\_\_

Your son/daughter is interested in becoming a ME NOW Teen Ambassador. Teens **must** obtain parental/guardian consent prior to turning in their application to Project WORTH. If selected, their participation would begin immediately and continue thru December 31, 2011. Teen Ambassadors could be asked to serve beyond 2011 if they like to do so and if they remain active with the campaign. Should a ME NOW Teen Ambassador no longer want to participate, they should contact Project WORTH about their decision not to continue as an ambassador.

\_\_\_ Yes, I give my son/daughter permission to go through the selection process to become a ME NOW Teen Ambassador. I understand if he/she is selected as a ME NOW Teen Ambassador he/she, with my support, will be completing/fulfilling the aforementioned responsibilities listed in the ME NOW Teen Ambassador Parent Handout. I also understand that my son/daughter may not be selected for the campaign.

\_\_\_ No, I do not give permission for my son/daughter to participate.

Parent/Guardian Name (Please Print): \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Please return this form to Project WORTH  
210 N. Rio Grande  
San Antonio, TX 78202  
Email: [joette.garza@sanantonio.gov](mailto:joette.garza@sanantonio.gov)

**\*\*For more information, please call Project WORTH at 207-8850\*\***