

UNPLANNED PREGNANCY

THE CONSEQUENCES FOR OUR COMMUNITIES

Risks for Baby:

- born premature
- low birth weight
- poor health
- behavior problems
- a harder time in school
- lower cognitive scores
- abuse or neglect

Risks for Mom:

- late prenatal care
- violence while pregnant
- depression
- distant relationship with baby
- relationship stress
- dropping out of college
- upset career plans

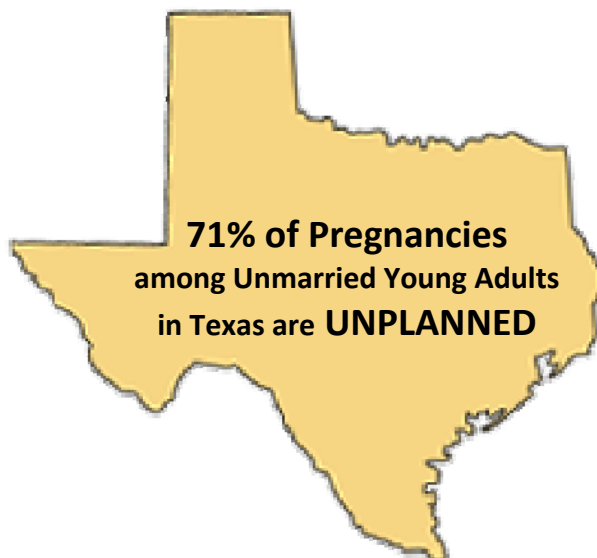
Risks for Dad:

- dropping out of college
- relationship stress
- upset career plans
- financial stress
- emotional stress
- paying child support
- distant from child



Unplanned Pregnancy is the underlying reason for nearly all abortions

The Consequences of Unintended Childbearing. Child Trends, 2007
Unplanned Pregnancy and Family Turmoil. National Campaign to Prevent Teen and Unplanned Pregnancy, 2008



Average for 2004-2006

Source: Texas Department of State Health Services

THE ECONOMIC COSTS



Unplanned Medicaid Births cost over \$1.2 billion annually*

118,524 unplanned Medicaid births in 2007

*based on data provided by Texas DSHS for 2007: HHSC average Medicaid birth cost

SOLUTIONS

Prevent Unplanned Pregnancies to:

improve health; reduce premature births; reduce abortion; and save Texas money

- **Renew and strengthen the Texas Women's Health Program (WHP)**
- **Restore funding for the Family Planning Program (Titles V, X, and XX)**

WHAT IS UNPLANNED PREGNANCY?



- “Unplanned” refers to how a woman felt at the time she became pregnant
- Some unplanned pregnancies are completely unwanted, and some are mistimed (too soon)
- Most of the resulting children come to be wanted—but some do not
- Half (49%) of all U.S. pregnancies are unplanned

Perspectives on Sexual and Reproductive Health 2006; 38(2): 90-96.

Parents should be PREPARED

—physically, emotionally, and financially—for the challenge of raising a child

THE UNMET NEED FOR PREVENTIVE SERVICES AND BIRTH CONTROL IN TEXAS

The Medicaid Women’s Health Program (WHP):

- **WHP saves Texas \$10 for every \$1 spent:** \$37.6 million saved in its first 2 years
- **Only about 1 in 6 Served:** WHP could reach many more with effective outreach

HHSC Rider 64 Report, October 2010.

LBB Texas State Government Effectiveness and Efficiency, January 2011

WHP & Family Planning Programs provide:

- ✓ **Checkups**
- ✓ **Birth control**
- ✓ **Screenings**
- ✓ **Preventive care**
- ✓ **Not abortion**

Texas’ Family Planning Program (Titles V, X, XX):

- **Prevents Unplanned Pregnancies among low-income women and men**
- **Fewer than 1 in 5 Served:** Over 1.85 million low-income Texas women are in need of birth control, according to DSHS. But these programs reached fewer than 20% of these in 2008.

TEXAS COULD SAVE MORE

Reducing Unplanned Pregnancy means
Healthier Babies, Healthier Women, Lower Costs



www.HealthyFuturesTX.org

Prepared Parents • Planned Pregnancies • Healthy Families

